

To: Lieutenant Governor McNally, Speaker Sexton
From: Alli Williamson, Legislative Liaison
Date: June 1, 2022
Subject: PC 483 Quarterly Update

Pursuant to PC 483, TennCare would like to provide an update on Neonatal Abstinence Syndrome (NAS) initiatives, as well as an update on Medical Loss Ratio (MLR) as it relates to NAS and opioid use.

As previously presented, TennCare has shown a continued decrease in the incidence of NAS births. Updated data shows that the rate of NAS births per 1,000 live births decreased from 23.99 in 2018 to 20.15 in 2019 – equating to about a 16.0 percent decrease over the year period. A complete 2019 report is now available on TennCare’s website as indicated below.

- To reference the complete TennCare NAS report for CY2019, please visit the following link: <https://www.tn.gov/content/dam/tn/tenncare/documents/TennCareNASData2019.pdf>.
- The Tennessee Department of Health’s NAS Surveillance Summary for July 2021 can be found here: <https://www.tn.gov/content/dam/tn/health/documents/nas/July-2021-NAS-Monthly-Update.pdf>.

TennCare is continuing to prioritize initiatives that aim to improve the health of women and infants in 2022, especially for those impacted by opioid and substance use disorder. For example:

- In April 2022, TennCare rolled out new Medicaid pregnancy and postpartum benefits to TennCare enrollees who have Medicaid during a pregnancy. These new benefits included an extension of TennCare coverage to 12 months following the end of a pregnancy and dental benefits for the same period. Extended coverage allows TennCare members to seek follow-up care for mental and physical health well into the postpartum period. Routine and emergency dental care are both safe during pregnancy and improved oral health can lead to better outcomes for both mothers and infants.
- TennCare continues to partner with Vanderbilt University Medical Center (VUMC) to implement the Maternal Opioid Misuse (MOM) Model Grant. The Firefly Clinic at Vanderbilt is an innovative model of care which provides wrap around services to pregnant women with substance use disorder at a single site of care. As of the end of April 2022, there are around 120 members enrolled in the Firefly Clinic. Tennessee was one of 10 states to be awarded the MOM Model Grant, which is a \$5.3 million-dollar federal grant funded through the Centers of Medicare and Medicaid Services (CMS) to support mothers and infants impacted by the opioid epidemic. The grant is in partnership with VUMC and aims to provide more services and resources to aid women with opioid use disorder and children with NAS or opioid exposure.
- TennCare is also continuing to partner with sister agencies including the Department of Health and the Department of Mental Health and Substance Abuse Services. For example, all three agencies are engaged in a Learning Collaborative organized by the Association of State and Territorial Health Officials (ASTHO) to help improve addiction treatment and prevention for pregnant women and their infants.
- TennCare’s Managed Care Organizations (MCOs) continue to engage women of childbearing age and pregnant women who may be at risk for chronic opioid use. Through the development and implementation of a predictive risk stratification analytic algorithm, the MCO population health programs are making great strides in effectively identifying clinical risk associated with opioid misuse

and abuse and in response outreaching and engaging high risk members. The MCOs continue to outreach and engage with thousands of women of childbearing age in the TennCare program.

- TennCare and its MCOs are also continuing to work diligently to expand access to all forms of high-quality medication assisted treatment (MAT). In addition to coverage of methadone and naltrexone, TennCare is also ensuring members can receive access to comprehensive MAT through the Buprenorphine Enhanced Supportive Medication-Assisted Recovery and Treatment (BESMART) Program. TennCare's MCOs and Pharmacy Benefits Manager are committed to providing increased support and resources to broaden access for TennCare members with opioid use disorder seeking addiction and recovery services. The network officially launched on January 1, 2019, and there are currently 385 contracted, high-quality MAT providers that have partnered with at least one of TennCare's three MCOs. This provider group includes OBGYNs that are trained in delivering MAT to this high-risk population. As compared to illicit drug use, medication assisted therapy in women with substance use disorder is associated with a greater likelihood of having a full-term infant and decreased likelihood of having a baby with low birth weight.

TennCare continues to support the statewide quality improvement program developed in conjunction with the Tennessee Initiative for Perinatal Quality Control (TIPQC) to increase access to voluntary long-acting reversible contraceptives (vLARCs) (e.g., intrauterine devices, implants) immediately after delivery by providing quarterly hospital utilization and reimbursement data to TIPQC executive staff for their evaluation and discussion with participating hospitals.

Moreover, on April 1, 2021, TennCare relaunched an outpatient vLARC program together with StellarRx Pharmacy Services, Inc. to provide same-day access to devices free of charge to provider offices and members. Stellar Pharmacy is the developer of a smart dispensing technology called the XpeDose™ cabinet which is placed in the provider's office/clinic stocked with a full array of vLARCs and replenished as needed. To date, 20 cabinets have been installed in provider offices.

Finally, TennCare is providing an update on MLR as it relates to NAS and opioid use. Below are MCO-level total MLRs and "opioid" MLRs. As outlined in the act, this data is "associated with neonatal abstinence syndrome and the use of opioids by women of childbearing age enrolled in the TennCare program." This data set is for January 2021 through December 2021.

	<u>NAS/Opioids MLR</u>	<u>Total MLR</u>
Amerigroup	339%	87.03%
BlueCare	395%	90.61%
United	374%	92.88%

As always, the Division of TennCare hopes you find this information useful, and please let us know if you have questions with this report or any previous reports.